



Leighton United Football Club

EMERGENCY ACTION PLAN

CLUB ADDRESS:

Stanbridge Road, Tilsworth, Leighton Buzzard, Bedfordshire LU7 9PL

CLUBHOUSE TELEPHONE NUMBER:

01525 211792. The telephone is in the clubhouse kitchen.

EMERGENCY CONTACTS

Craig Wells, Head Coach, 07918 160343

Jo Baggaley, Club Welfare Officer, 07807 095652

Laura Redrup, Club Welfare Officer, 07476 921152

Alan Redrup, Chair and Club Welfare Officer, 07465 418160

FIRST AIDER INFORMATION:

All Leighton United Team Managers and Lead Coaches have Football Association Emergency Aid certification.

FIRST AID SHOULD ONLY BE ADMINISTERED BY A TRAINED FIRST AIDER.

FIRST AID EQUIPMENT & FACILITIES:

All Leighton United teams have an up to date first aid kit.

A first aid kit is also in the clubhouse kitchen and ice packs are in the kitchen freezer.

A spare changing room or official's room can be used as a temporary first aid room.

First aid room to ambulance route – clubhouse main entrance or side entrance.

Ambulance to pitch route– via main gate.

EMERGENCY VEHICLE ACCESS ROUTE TO LOWER PITCHES

There is a gap between the low bank running along the lower side of the car park and the eastern boundary hedge. Alternatively go through the car park and use the track along the western boundary.

DEFIBRILLATOR

A public access defibrillator is in a yellow cabinet on the western external wall of the clubhouse. The cabinet door is by the noticeboard in the clubhouse main entrance hallway.

NEAREST HOSPITALS WITH ACCIDENT AND EMERGENCY DEPARTMENTS

Luton & Dunstable, Lewsey Road, Luton LU4 0DZ 5.7 miles

Tel. 01582 491166

Directions: Turn right out of ground, through Tilsworth, turn right on to A5 and continue into Dunstable town centre, at main traffic lights turn left on to A505 towards Luton, after approximately 2 miles turn left into Lewsey Road.

Milton Keynes, Standing Way, Eaglestone, Milton Keynes MK6 5LD 13.2 miles

Tel. 01908 660033

Directions: Turn right out of ground, through Tilsworth, turn left on to A5 towards Hockliffe and Milton Keynes and continue to the exit to the A421 Milton Keynes South, take third exit at roundabout on to Grafton Street, take third exit at the next roundabout on to Standing Way and follow signs to Milton Keynes Hospital.

NEAREST NHS WALK-IN CENTRE

Luton NHS Walk-In Centre, 14-16 Chapel Street, Luton LU1 2SE 7.6 miles

TEL. 01582 709290